

Information Sheet – Kitchen Trolley

What is a Kitchen Trolley?

A kitchen trolley is height adjustable and has shelves. A trolley may be helpful if you struggle to move your food, drinks or other personal items between rooms. There are also trolleys with brakes for additional security.



Things to consider about a trolley:

- You must ensure that the floor surfaces and thresholds are level to allow the trolley to smoothly move between rooms. Any differences in flooring heights may make the trolley tip.
- Consider the door widths to ensure that you can get through with the trolley without banging your hands.
- Be aware that the trolley may move quicker on laminate / wooden floorings than on carpet.
- Where possible, use both hands to safely manoeuvre the trolley.
- If transporting drinks, do not overfill the cups or glasses with fluid, as they may spill.
- You should not use the trolley as a replacement for a walking frame.
- Do not use outside your home.
- Before using, ensure the wheels are in good condition and that the shelves are firmly in place.

Where can I buy a trolley?

Below are some suggested retailers online and local retailers but there are many others:

Disability Resource Centre in Dunstable:	www.drcbeds.org.uk / 01582 470900
Care Co in Milton Keynes & Stevenage:	www.careco.co.uk / 01908 310770 & 01438 342440
Anglia Mobility in Bedford:	www.angliamobility.co.uk / 01234 273172
Dunstable Mobility:	www.dunstablemobility.com / 01582 281523
Manage at Home (Medequip):	www.manageathome.co.uk

Safety advice

Please ensure that you follow the manufacturer's instructions when using the trolley.

If you need further assistance

If you are unsure and would feel you would like further advice from a Health or Social Care professional, please contact the number of the relevant team:

Bedfordshire		
ELFT	Community Therapies	0345 602 4064
Luton		
Luton Borough Council	Occupational Therapy	01582 547659 / 547660
Milton Keynes		
Milton Keynes City Council	Occupational Therapy	01908 253772

Disclaimer

The decision to purchase this piece of equipment is entirely yours.

By proceeding with purchase, you acknowledge that you will bear full responsibility for the maintenance of the equipment.

Ensure you use the equipment safely and in accordance with its instructions. Any improper use of the equipment will solely be your responsibility.